

# IBD Newcastle 2025

## The Emma Stuart Memorial Symposium

Inflammatory bowel disease innovation: The future is now?

Balti  
d-Sun  
10am-6pm  
Free Entry  
Art  
Great Views  
Shop  
Restaurant

BALTIC

Thursday 20<sup>th</sup> November 2025

Baltic Centre for Contemporary Art  
South Shore Road, Gateshead. NE8 3BA

8:00-9:00 Arrival & registration

9:00-10:30 Session 1: Cancer risk and mitigation

### Welcome: Setting the scene

Professor Chris Lamb & Dr Ally Speight, Newcastle University and Newcastle Hospitals, Newcastle upon Tyne

### 2025 British Society of Gastroenterology guidelines on colorectal surveillance in IBD

Professor James East, John Radcliffe Hospital, Oxford

### Colon cancer risk in IBD: Chemoprevention in the biologics era

Dr Shahida Din, Western General Hospital, Edinburgh

### Prediction of colorectal cancer risk in IBD

Professor Trevor Graham, Institute of Cancer Research, London

### Panel Q&A

10:30-11:00 Tea & coffee

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scan QR code  
to register



The Newcastle upon Tyne Hospitals  
NHS Foundation Trust

Please note this is an in-person only, free to attend meeting. There is no option for online attendance

## 11:00-12:30 Session 2: Holistic care

### Management of psychological morbidity and fatigue

Dr Calum Moulton, St Mark's Hospital, London

### Frailty: Identification and challenges

Dr Izzy Carbery, St James's University Hospital, Leeds

### The power of non-clinical and peer support

Mrs Vikki Garrick and Mr Derek McEwan, The Catherine McEwan Foundation, Glasgow

### Panel Q&A

## 12:30-13:30 Lunch

## 13:50-14:50 Session 3: Pushing boundaries

### IBD genetics: Enough bench, time for the bedside?

Dr Nick Kennedy: Royal Devon and Exeter Hospital, Exeter

### The Emma Stuart Memorial Lecture

### Precision medicine in IBD: hopeful or hopeless?

Professor Bram Verstockt: KU Leuven, Leuven, Belgium

### Panel Q&A

## 14:50-15:20 Tea & coffee

## 15:20-17:00 Session 4: How I....

### How I.... operate on small bowel Crohn's disease

Professor Laura Hancock, Wythenshawe Hospital, Manchester

### How I.... manage nutrition in Crohn's disease

Dr Tom Conley, Royal Liverpool Hospital, Liverpool

### How I.... select medical therapy for IBD in 2026

Professor Peter Irving, Guy's & St Thomas' Hospital, London

### Panel Q&A

### Summary and closing remarks

Dr Ally Speight & Professor Chris Lamb

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