



Group Coaching Programme

Cohort Two:

Pathways to a New Professional Role

As the BSG approaches its 90th Birthday in 2027, the Clarity Hub is proud to be partnering with us to bring members a brand-new group coaching programme.

What this programme is all about

This programme is designed to support member development and professional growth, and working with the team at the BSG, we will be identifying and recruiting BSG members to participate in a focused coaching initiative, with an emphasis on cultivating critical skills and competencies aligned with the evolving needs of the future workforce.

The Clarity Hub will provide high-quality coaching to up to 40 BSG members, at four critical stages in their careers: Pathways Back to Work, Pathways to Retirement, Pathways to a New Professional Role & Pathways to Greater Work Satisfaction.

About The Clarity Hub

The Clarity Hub are a coaching and mentoring specialist organisation which works with individuals, groups, teams and Boards in a variety of ways including one-to-one coaching, group coaching, Board development, and sense-making workshops. Through all of this work, they aim to bring clarity. They help individuals and teams to put the systems and habits in place that enable them to live the life they want to, in the most productive and satisfaction filled way possible. They help members to set and achieve goals, and harness and make the most of ambition.

Pathways to a New Professional Role

Are you ready to step up in your career, but unsure of how to make it happen? Whether you're aiming for a promotion, preparing for a leadership role or simply exploring new directions, this group coaching programme will help you to identify your best path and give you the confidence to take practical steps along it.

About the programme

This is a six-session group coaching programme delivered online, and designed exclusively for BSG members – doctors, nurses, allied health

professionals – who are ready to progress their careers but looking for expert guidance and a supportive environment to help make it happen.

Through structured small group sessions, reflective exercises and peer learning, participants will gain clarity about the next steps and create a realistic and motivational plan to help them get there.

Participants will discover how to:

- Identify their professional goals, values, strengths and priorities
- Map out possible career pathways that align with those goals
- Overcome barriers to achievement such as imposter syndrome, self-doubt or burnout
- Communicate value and potential effectively in application and interview processes
- Build visibility, influence and professional relationships
- Develop a clear and actionable career progression plan

How Group Coaching Works

Our structured 6-session small group coaching programme combines evidence-based career development strategies with the power of peer support and expert coaching. Each session builds on the last, guiding you through a proven framework to shift from burnout to balance, from confusion to clarity. The programme includes:

- Regular 90-minute group coaching sessions via Zoom
- Workbooks and reflective exercises between sessions
- Tools to identify values, strengths, and purpose
- Real-time peer feedback and supportive accountability

- Led by experienced coaches
- WhatsApp group to offer support between sessions

By the end of the programme, participants will:

- Have a clear understanding of the next career steps they wish to take
- Understand their core professional values and how to align with them
- Identify the best way to make their goals truly achievable
- Explore new directions — whether within or beyond clinical practice
- Develop a personalised roadmap for their next career move
- Feel supported, energised, and empowered in their next steps

This programme is ideal for:

- Clinicians (doctors, nurses, allied health professionals) looking to take the next steps on the career ladder
- Those contemplating a shift in specialty, role, or work-life balance
- Professionals who would like to harness their ambitions and bring them into reality
- Anyone exploring **what's next** but lacking clarity or support

Whether you're early in your career, mid-path, or approaching a transition point, this group will meet you where you are

How to apply

To apply, simply click on the link below, answer a few simple questions, and submit.

<https://eu.surveymonkey.com/r/ZZ22S9Q>

The closing date for applications is **FRIDAY 5 DECEMBER**. **Successful applicants will be notified via email by FRIDAY 12 DECEMBER**. Please note the dates for this cohort's coaching sessions are:

Tuesday 13th January

Tuesday 3rd February

Tuesday 3rd March

Tuesday 24th March

Tuesday 14th March

Tuesday 5th April

All sessions will take place from 4.30pm until 6pm.