



SUMMER 2023



MESSAGE FROM THE PRESIDENT





BSG HEPATOLOGY UPDATE Welcome to the new Hepatology VP



RELIVE BSG LIVE'23 Catch up on-demand

Message from the BSG President

Two figures come to mind when drafting this article: 75 and 7.5!

It is the 75th anniversary of the NHS, and the current number of patients on NHS waiting lists for hospital treatment has reached 7.5 million, the highest ever. Amid the celebrations of the NHS anniversary, the latter figure is just one reminder of the challenges we face. We are right to celebrate universal healthcare, "free at the point of use" – this was much better than the system it replaced, and we do not have to look far beyond our borders to see examples where those less fortunate in society are unable to afford their healthcare needs. When we look around at our workplaces and consider the challenges for both patients and medical staff, it becomes harder, though, to consider the NHS to be the "envy of the world". Many of us love the NHS, but many feel unloved by this organisation that employs us. The recent and ongoing industrial action from nurses, doctors, and other NHS staff, is one symptom of the frustration that many feel about this very large and faceless organisation. I personally still think the concept of the NHS is wonderful, and its greatest strength is in its workforce, who continue to provide the best care they can despite the obstacles that often exist. This is worthy of celebration.

Waiting times have been greatly exacerbated by the impact of COVID but were in many cases at unacceptable levels prior to the pandemic. It can be easy for those in power to blame strikes for the high waiting lists, and they will have made some contribution, but some waiting lists were still increasing post-pandemic, and pre-strikes. There is a fundamental workforce shortage within the NHS, and many of those within it are demoralised and feel undervalued. At the BSG, we are doing our small bit to support our members, and advocate for the wider workforce, but appreciate that there are no easy solutions and certainly no quick ones. If we can recreate a culture within the NHS where the workforce feels valued, without excessive workload, and with an acceptable work-life balance, then we can hopefully attract more of those committed individuals to the NHS and retain those that we have.

On a practical level, the BSG engages with NHS bodies to help improve existing services and processes, but also crucially to innovate, to work in new ways, to embrace new technologies when supported by evidence, and to embrace new members of the workforce to deliver an excellent service. There are many examples where BSG guidance has been incorporated into NHS practice. The BSG has been a stakeholder in many NICE guidelines, and expert BSG members frequently act as specialist advisors. The BSG/ACPGBI FIT guideline is a good example of where innovative practice has been distilled into a clear evidence-based guidance, and this together with the direct involvement of the BSG informed the subsequent NICE guidance. Our Sustainability Strategy and Green Endoscopy consensus guidance have not only influenced individual members, but the principles will be adopted with the NHS Endoscopy Transformation Programme for England with the aim to meet NHS Net Zero targets. There have been some examples, however, where emerging technologies have been promoted by NHS bodies ahead of compelling evidence, particularly those introduced initially to mitigate the effects of the pandemic on service provision, and the BSG has been considered a moderating voice in the debate. This has led to formal rigorous service evaluations, and research to ensure that patients are best served in the long term.

When faced with negative experiences within the NHS, I am lifted by the positivity and enthusiasm demonstrated by those of you working with us in the BSG. There have been some challenges in my first year as President, but it has been a joy as well as a privilege to do this job, and it has been really rewarding. These feelings crystallised at the annual conference in Liverpool in June. Not only do we have the highest membership ever, but we had record registrations for the conference. The educational content was excellent, but there was also a real "buzz in the air" as our diverse group of members came together to meet old and new friends. We launched our far-reaching Equality, Diversity and Inclusion Strategy, and will be keeping you updated with transparent data and progress against firm objectives. We welcomed undergraduates as members for the first time this year, 30 of whom attended the conference on bursaries arranged by the BSG. Their genuine enthusiasm was clear, feedback has been excellent, and I look forward to this group growing within our membership.

Our trainees are facing the shortened four-year training programme introduced with Shape-of-Training and we are hearing concerning reports regarding the proportion of GIM compared to Gastroenterology training. We shall keep this under scrutiny, but also support our trainee members with education, training, mentorship, and advocacy. New consultants have always faced challenges in the transition from trainee, and this may now become more of a steep learning curve. Challenges continue in those first few years after appointment, and we are setting up a New Consultants Advisory Group which will address those issues that particularly affect consultants in transition from trainee through those first few years as consultant. The first meeting led by the Chair and Deputy Chair of the Training Committee and including senior trainees and consultants in their early years after appointment, met recently and got off to a flying start identifying key challenging areas, and planning practical help and advice. This will be one of our major areas of focus as an organisation, and you will be hearing a lot more about this in the next few months.

The BSG depends on the dedication and time given by the chairs and members of our committees, and I'd like to give huge thanks to those who demitted in June and welcome those that have joined us. As we come

SAVE THE DATE FOR BSG LIVE'24

Following the success of BSG LIVE'23, BSG LIVE will return next year at the ICC, Birmingham on 17th – 20th June 2024. Join us for four days of connecting with new and old colleagues, learning about the latest research and industry developments and from prestigious expert speakers, and growing professionally and together.



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through the summer, we are deep in preparation for not just the coming year, but those that follow. We have our biannual Strategy meeting in Cardiff in October and will not only be planning the workstreams for the coming years, but asking ourselves fundamental and challenging questions about our aims, ambitions, and activities. Attendees include the Trustees, Executive, Council, and senior BSG staff. Each of the higher committees will be represented. I look forward to a stimulating meeting and will keep you updated.

I hope that you have all managed to have a welldeserved break over the summer.

PROF ANDY VEITCH BSG President



BSG LIVE'23 WEB EDUCATION VIDEOS

BSG Web Education are proud to present BSG LIVE'23 Web Education Interviews; informal fire side chat format with question and answer discussions highlighting aspects of a presentation with the participating speaker and an expert in the field.



Registration is live for BSG Campus! Check out the 4-day programme online and don't forget to book your study leave

Discover the latest clinical and educational content

Network and exchange ideas

Earn hours of CPD credits

Watch at home, on the go, or at work

Innovative studio bringing leaders and experts to you



RELIVE BSG LIVE'23

Experience the buzz of BSG LIVE'23 with the <u>exclusive</u> <u>highlights video</u> from this year's annual conference in Liverpool where a record number of delegates joined us from across the world!



QUALITY STANDARDS FRAMEWORK REPORT

Although standards and accreditation in endoscopy (<u>Global Rating Scale</u>) and, more recently, hepatology ('<u>Improving Quality in Liver Services</u>') are established, there are no agreed quality or service standards for other elements of gastroenterology. To address this, the BSG has developed a Quality Standards Framework (QSF) which aims to give members a practical tool to assess the quality of the service they offer and to support them in making targeted improvements.

The QSF consists of 50 questions which do not depend on data collection and apply to services across the four nations in the UK. These standards include leadership, access to services and their quality/governance, in addition to education, research, workforce and climate change/sustainability. All mainstream services are considered in both inpatient and outpatient settings and encompass local and network arrangements.

The QSF Pilot was completed in 2023 by 14 volunteer sites which included large teaching hospitals and district general hospitals in both urban and rural settings. It was well received and was most effectively completed in an MDT setting, typically taking an hour to complete. The questions provided

By clearly defining quality standards, the potential for the QSF to act as a powerful influence on commissioning was highlighted by all.

REGISTER AT CAMPUS.BSG.ORG.UK



BSG GOLD TRAINER AWARD

Awarded annually to recognise the work of excellent trainers in developing the future of the gastroenterology and hepatology specialty, <u>nominate someone</u> you believe deserves to be recognised by 5pm on 2nd October 2023.

discrimination in responses and afforded a rapid assessment of clinical services. All centres identified areas of good performance and others that required further development. By clearly defining quality standards, the potential for the QSF to act as a powerful influence on commissioning was highlighted by all.

> In response to the QSF, the BSG CSSC will build a central repository for service improvement, including business cases, standard operating procedures and communications links to units that have successfully implemented service improvement. These align closely with the <u>CSSC Service</u> Development Awards.

The QSF is a robust and rapid assessment tool which, when linked to the central repository, will help the membership improve quality of services provided.



DR NICK MICHELL

A MESSAGE FROM THE HEPATOLOGY VICE PRESIDENT

I am excited to be taking up the role of Vice President Hepatology for the BSG and look forward to working with our excellent liver section committee on promoting specialist liver medicine.

I am still buzzing on the back of an excellent annual meeting this year, with an exemplar programme and record attendance. Recently we have also welcomed Prof Stuart McPherson to join us as Deputy Vice President Hepatology.

The NHS has lurched from the rapidly evolving health landscape of the COVID pandemic into the pressures of supporting the NHS through strikes and disputes. As always, the amount of drive to care for our patient populations seems undiminished.

Nationally there is work afoot to look at how we can deliver comprehensive hepatology care across the UK with the workforce we have. This may have been hurried into the limelight with the COVID crisis but is again felt with the industrial action being seen this year. Improving outcomes in liver disease is multi-faceted, but one obvious source is to enhance our workforce. This means not only to offer jobs that new specialists want to take up, but also to utilise our most precious resources to the optimum – the staff in post.

Hospitals find it difficult to look at offering consultant posts without GIM in non-specialist centres, but

Improving outcomes in liver disease is multi-faceted, but one obvious source is to enhance our workforce



Tune in to the BSG International Global Grand Rounds; our new webinar series featuring international speakers giving topical presentations followed by a panel discussion. If you missed any episodes you can catch up <u>here</u>.



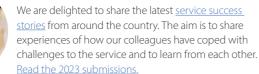
this must be the way forward if liver disease is to be adequately managed where most of the disease is found – in the District General Hospital. Being able to practice our specialty alone, not only for the out of hours commitment needed in gastroenterology/hepatology, but also to enable the time for acute complex care, service development and implementation, onward care discussions, and chronic disease management, is vital.

> Many hospitals now have physicians' associates (PAs) working on liver wards enhancing care and providing continuity. Another way to move towards achieving the level of care to which we all aspire, is to look to advance our specialist nursing service. Most hospitals already have a specialist nurse resource that could work in different ways if supported, nurtured, and of course paid appropriately.

I am keen to encourage centres of excellence, wherever they are, to have a voice, to promote their work and share their practice. But more than that, we should be offering to share our best practice and be able to shout about our achievements! Here's to having a voice and here's to promoting 'Best Practice' over the years to come.







UPDATE FROM THE INTERNATIONAL COMMITTEE

As Chair of the BSG International Committee, I start by thanking Dr Neil Hawkes for his invaluable work over many years and welcoming Dr Omar Elshaarawy as Deputy Chair. The International Committee has been recognised as a Higher Committee for almost three years and the dedication and contribution of all our volunteer members, including Zonal Leads, is immeasurable – thank you.

Hearing what our global partners need and want is key, but hearing what they have to share with us is just as important in the work of the Committee. Communicating that knowledge is vital and to that end our first series of nine <u>International Global Grand Rounds</u> is complete, with participants from over 15 different regions and countries sharing expertise in topics based around the <u>RCP Specialty examinations</u> curriculum. A second series is planned, with speakers from Singapore, Russia, Peru, Germany, Lebanon, and South Africa already lined up.

The seven successful international grant projects are beginning and we were pleased to hear previous success stories during BSG LIVE'23 in Liverpool, including the <u>TARMAC</u> project, and a study on colorectal cancer in Uganda. Updates from completed projects will be added to the website and many have been published in leading gastroenterology and scientific journals.

Work on collaboration with international Societies continues and members of the Committee ran an endoscopy "Train the trainer" course in conjunction with the Egyptian Society of Gastroenterology and Hepatology in May 2023. Consolidating Memoranda of Understanding (MoUs) in Bangladesh and Australia continues, though often hampered by natural disasters and governmental logistics.



The British Society of Gastroenterology

bsg.org.uk

The agreement of rates of BSG membership for international countries has been reached including member rates of 70% of the UK consultant and trainee rate and just £28 for international nurses. Resident nurses and trainees from Lower and Middle Income Countries (LMICs) will be eligible for free membership and access to BSG online educational events, whilst consultant LMIC staff will pay just £70. These rates will be available online soon and the offer is already proving popular.

None of our work could be done without partnership – not just with other countries and Societies, but with collaboration between the other <u>Committees</u> <u>and Sections</u> of the BSG and affiliated organisations. Collaboration with the CSSC will lead to the translation of Guidelines into key languages, and the potential benefits of translating high-quality patient information leaflets is being considered.

The challenge of best supporting our international members and informing current BSG members about our work continues and we look forward to <u>continuing</u>. <u>our strategy</u> aim of "[providing] the best care and achieving the best outcomes for patients with GI and liver diseases in global settings".



DR MO THOUFEEQ International Chair



WATCH BSG LIVE'23 ON-DEMAND

If you joined us at BSG LIVE'23 this June, we hope that you had an enjoyable time and that you had plenty of opportunities to connect with colleagues from the UK and beyond, and learn about the latest developments, best practices, and innovations within our diverse speciality.

We are thrilled to have had over 2,500 attendees join us across the four days of the congress, and hope you have taken advantage of the on-demand content library by catching up on any sessions you have missed. If you attended this year's conference, you will have access to all content from the days you attended (look out for an email from 10th July 2023 with a link to the library). If you couldn't make it this year, you can register for <u>on-demand access</u>.

We brought back popular features such as the Masterclass which included talks on Endoscopic Foreign Body Removal, Management of Small Bowel in Crohn's Disease, the Francis Avery Jones Lecture and more. This year, we brought back popular features such as the Masterclass which included talks on Endoscopic Foreign Body Removal, Management of Small Bowel in Crohn's Disease, the Francis Avery Jones Lecture, and more. Endoscopy Live, which included live streamed endoscopic procedures from King's College Hospital, was popular as always. The Meet the Experts sessions were also well received this year, with talks on Endoscopy Complications, Complexities in Eating Disorders, and Advanced Endoscopic Polypectomy drawing in large numbers of delegates.

Sustainability remained at the top of our agenda with several talks focussing on the topic throughout the week. Most notably, Dr Richard Smith's (UKHACC) keynote lecture on climate change in healthcare in the Plenary, was particularly poignant, as well as Prof Geoffrey Metz's (WGO) talk during the Sustainability Symposium on 'A Global Perspective on Gl Societies Tackling Sustainability'.





We were delighted to have also run new successful symposia including the Primary Care Interface in Gastroenterology, and Future of Endoscopy Training in the UK. As part of the launch of the BSG's new Equality, Diversity & Inclusion Strategy (EDI), we ran two EDI workshops which covered the importance of diversity awareness in gastroenterology.

Other popular sessions I recommend you watch ondemand include Controversies in Portal Hypertension: Management of Varices & Variceal Bleeding, Acute Severe Colitis - State of the Art, Liver Disease in IBD, IBD Treatment in 2023, Challenges in the Management of Nausea & Vomiting, Focus on Wellbeing: Workforce Retention & Avoiding Burnout, and of course the Plenary.

We are also thrilled to have had almost 400 e-posters presented at BSG LIVE'23 this year and enjoyed discovering the latest scientific achievements and

research developments in gastroenterology. You can still view the e-posters by clicking on 'Posters' in the ondemand content library.

Don't forget that the on-demand content library is open until 2nd October 2023, giving you plenty of time to catch up on everything you missed from BSG LIVE'23. There will also be an opportunity for you get even more online education this November at <u>BSG Campus</u> which will be taking place 20th - 23rd November 2023. Please also save the date for BSG LIVE'24 which will be taking place 17th - 20th June 2024 at the ICC, Birmingham – we hope to see you there.

Whether you joined us in-person or online only, thank you for being part of BSG LIVE'23. A special thank you goes to the BSG Sections, Programme Committee, faculty, and partners, who have been pivotal in making this year's congress a success.



PROF ADRIAN STANLEY Former BSG Senior Secretary 2021 - 2023

BSG CLINICAL SERVICES AND STANDARDS COMMITTEE (CSSC) UPDATE

The CSSC has had a busy and productive year. In this update, we are focussing on our <u>Quality Improvement activity</u> with a particular focus on the exciting development of the BSG Quality Standards Framework (QSF) provided by Nick Michell, our Quality Improvement lead. I will provide a brief overview of other CSSC work first.

The purpose of the CSSC is "to advance excellent patient care by maintaining and developing clinical services, encouraging and developing quality improvement, and producing guidelines and standards of care based on the best available evidence."

The BSG continues to develop high quality, new and updated guidelines, overseen by Dr Perminder Phull. The guidelines developed or endorsed by the BSG this year, and available through the website, include:

- Risk assessment of patients with cirrhosis prior to elective non-hepatic surgery
- <u>Guidelines for the management of</u> <u>Hepatocellular carcinoma in Adults</u>
- <u>Guidelines for the Diagnosis</u> and Management of Cholangiocarcinoma
- <u>Best Practice Guidance on the</u> outpatient management of cirrhosis
- Guidelines on Sedation in
 Gastrointestinal Endoscopy
- Guideline on the transition and management of childhood liver diseases in adulthood

Dr Shairoz Samji has produced a comprehensive <u>workforce</u> <u>report</u> which highlights the current and future challenges BSG members are facing in ensuring they have the workforce capacity to meet the current and anticipated

We have begun a programme of BSG Roadshows where senior BSG executives attend regional meetings such as Gut Clubs to enable members to engage with the BSG



demand to care for our patients. The BSG will be considering how to respond to this report later this year.

Dr Sandeep Siddhi is taking forward the BSG's work to deliver on the <u>BSG Climate Change and Sustainability Strategy</u>, and many units are already implementing the <u>Green Endoscopy</u> <u>Checklist</u> – more support and advice for BSG members will be produced over the coming months.

Our Regional Representatives continue to provide a vital two-way communication and engagement pathway to and from BSG members in each of the four nations and the regions. We have begun a programme of BSG Roadshows – this is where senior BSG executives including the BSG President and/or President Elect attend regional meetings such as Gut Clubs to enable members to engage with the BSG, learn more of the BSG's work, and provide feedback regarding view, concerns and suggestions for future development.

We are about to advertise for Clinical Representatives. The post holders will represent the BSG in giving clinical advice for other stakeholders including the RCP, NICE, SIGN, Health Board, and NHS Trusts. The advice provided could be at individual patient case note review level through to a full-service review. Post holders will be supported in their work and this should be an interesting, educational, and rewarding role, and will be suitable for both those relatively early in their careers as well as more senior colleagues – so please consider applying.





ENDOSCOPY FELLOWSHIPS

As we continue to struggle with service provision in endoscopy, one of the issues that has been pushed to the back burner are the repercussions on endoscopy training following the introduction of shape of training. The SpR training programme is 4 years.

The focus is comprehensive general gastroenterology training, including diagnostic endoscopy, in the given timeframe. Within the endoscopy community, we strongly feel that diagnostic and some therapeutic OGD (upper GI bleeding, PEGs) and diagnostic colonoscopy (including level 1 polypectomy) might be delivered within the training programme – the regional training academies are doing a fantastic job. However, the BSG Endoscopy committee and regional academy leads also agree that there isn't a concrete plan for further training and certification in endoscopy beyond the restricted training programme. This would predominantly involve advanced endoscopy training. This will result in many trainees significantly disadvantaged due to lack of clarity and direction to pursue endoscopy sub-speciality training. To support our trainees, on behalf of the Endoscopy committee and with help from the BSG office, we have created a central database of all advanced endoscopy fellowships in the UK and

We have created a central database of all advanced endoscopy fellowships in the UK and Northern Ireland on the BSG website Northern Ireland on the BSG website since its inception in late 2021. There have been significant delays in implementation due to the pandemic and changes in the back-office staff, but the process has picked up over the past few months. We estimate there are ~100 endoscopy fellowships, but currently there are only 37 uploaded <u>on the website</u>. Please take a few minutes to familiarise yourself with the portal.

You can also share your fellowship using the <u>submission</u> <u>form here</u>, which when completed, automatically uploads to the BSG web page.

On behalf of the BSG, I would encouraging colleagues to upload their fellowships. This is a unique resource which will enable trainees across the UK to access information on a single portal and plan their future careers in endoscopy. There are fantastic comprehensive, structured, and dedicated fellowships around the country, but few trainees have access to the information unless they are advertised in the BMJ jobs or NHS jobs websites. This is less than ideal for the trainee to be able to target their preferred fellowship.



UPDATE FROM THE BSG EDUCATION CHAIR

It is a pleasure and honour to pen my thoughts on BSG Education as your Chair of the Committee. My predecessor, Prof Reena Sidhu, led a very active and productive team for the last two years and developed the <u>Strategy for BSG</u> <u>Education</u>, which continues to be the framework for our operations.

I am very privileged to have inherited this enthusiastic and motivated team of talented colleagues who give up their time to provide you with the highest quality of education that you expect from the Society.

Let me introduce you to the team:



Deputy Web Editor, is a Consultant Hepatologist at Addenbrooke's Hospital in Cambridge with an interest in decompensated cirrhosis and liver transplantation.



Dr John Ong,

Advanced Hepatology trainee and Clinical Lecturer at the Addenbrooke's hospital in Cambridge is Trainee Web Editor for journal highlights and undergraduate education.



SpR in Gastroenterology at St. Mark's Hospital London and North West Thames Deanery is the Video Editor for Endoscopy.



Dr Francesca Moroni,

Consultant Gastroenterologist, Aberdeen, is the BSG Mentoring Lead.

Lucy Kwapisiewicz, Michael Coyne, Liz Elder, Maria Mandic: The people at the BSG Office who make things happen.

We aim to be the preferred "go to" site for all things related to the practice of Gastroenterology and Hepatology in the UK.



The last couple of years have been spent developing our web education platform expanding upon cutting edge articles written by national and international experts, bite sized case presentations, video podcasts and endoscopy, Journal Highlights and Undergraduate Education. We have also developed new content such as the Masterclass Video highlights from BSG Campus 2022 and BSG LIVE'23. In these difficult times for the NHS, we appreciate that not everybody can get study leave and the financial budget to attend national conferences, and there is a real risk that they will miss out on state-of-the-art updates on all matters related to gastroenterology and hepatology presented by experts at these meetings.

We have therefore made a conscious effort to bring you some of these highlights by way of short video summaries of the key presentations at BSG LIVE'23 as fire side chat sessions, where a member of the BSG team interviews the presenter to discuss the content of their talk. We hope that this and other new offerings of the BSG Education team will be welcomed by our membership, and we look forward to getting your feedback on whether you find these educational snippets to be interesting and helpful in your day-to-day practice.

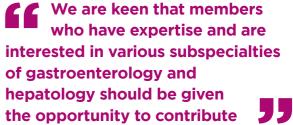
Let me tell you about our <u>Mentorship Programme</u>. As you may be aware, BSG mentoring started again in 2022 after a successful launch a few years ago, but was suspended during the COVID-19 pandemic. An initial mentoring programme was developed with our partner PLD Works in 2022 and this was further consolidated in 2023 with over 25 mentor - mentee partnerships which were all successfully completed. This ended with a mentorship workshop at BSG LIVE'23 which was attended by over 50 people on the last day of the meeting. Dr Francesca Moroni has taken over as the new Mentoring Lead this year and we look forward to continuing the programme and your engagement with this very successful initiative.



I believe that education is something that we all should be doing as a part of our job, and I would like to welcome all BSG members to contribute to our activities. I would particularly appreciate it if you write to me directly, or to the Education team at the BSG if you would like to contribute an article or video to the web education platform. I am also aware that there is a general feeling that there is already quite a lot of education that is available for free on the internet, and also the perception that most education on the BSG platform is aimed towards our medical colleagues.

At BSG Education, we endeavour to complement everything that is already out there by bringing you what is relevant to UK practice, is evidence based, and provide an up-to-date perspective curated by our experts. I would like to assure our membership from the nursing community, allied health professionals, and undergraduate students that we are working actively to have educational content that addresses the needs of all of our members, and not just our medical colleagues.

The Education committee also liaises with other sections of the BSG for contribution to our



educational offering, and we are particularly keen that members who have expertise and are interested in various subspecialties of gastroenterology and hepatology should be given the opportunity to contribute as well. <u>Please get in touch</u> with me or Michael or the chairs of the different sections of the BSG if you would like to be a writer or a reviewer.

If there are any other ideas that you have in mind, or you would like to see something different on the BSG Education platform, please do not hesitate to write to me by email at <u>education@bsg.org.uk</u>





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We are pleased to congratulate Professor Dame Parveen Kumar on being awarded the Lifetime Achievement Award She is an inspirational educator, mentor, role-model, and leader, nationally and internationally, and was presented with the award at our annual conference BSG LIVE'23 in June 2023.

BRITISH SOCIETY OF GASTROENTEROLOGY

The BSG is an organisation focused on the promotion of gastroenterology and hepatology within the United Kingdom. It has over three thousand members drawn from the ranks of physicians, surgeons, pathologists, radiologists, scientists, nurses, dietitians, and others interested in the field.

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