



**Sheffield**  
Gastroenterology



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# The Eighteenth Annual Sheffield Gastroenterology Symposium

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**Friday 25th September 2026** | Attendance in person only  
Crowne Plaza Royal Victoria, Sheffield



For the latest information about the meeting and all things gastro in Sheffield, follow [@shefgastro](https://twitter.com/shefgastro) on X!



**Dear GI Friends & Colleagues,**

**The 18th Sheffield Annual GI Symposium: Attendance in person only**

Just as you were thinking of summer holidays do one thing before – book your time off for this meeting! Thank you for your continued support of this meeting. Enjoy the Breakfast Club, the conundrum of: is it iron deficiency or anaemia of chronic disease?! We have got together experts from GI and Haematology so that's a real bonus.

**Please, please share the brochure with people you know who might be interested.**

This is the 18th Sheffield GI Symposium (under the auspices of the BSG). We are lucky to have the usual amazing array of internationally and nationally recognised speakers. You picked many of the talks! We created the programme based on your feedback so we hope that the talks are relevant and will influence your practice. The programme provided covers some very novel areas that are emerging, endoscopy practice points and some really difficult clinical problems.

Please remember this meeting is for everyone: trainees, consultants, associate specialists, advanced medical practitioners, nurses from all walks of GI life (whether endoscopy, clinics, or GI ward background), dietitians, or even junior doctors who fancy a career in gastroenterology or just an update – in fact anyone with an interest in gastroenterology!

**Please register online:** so we know you are coming and can also cater for your dietary preferences.

Last year your feedback evaluation forms suggested a >95% Good to Excellent rating.

**So please share this brochure with anyone in your department who you think may be interested.**

**The Sheffield GI Symposium is entirely free (even the parking is free!).** Many of you have made this a regular slot in your CPD calendar and we are grateful to you for your continued support.

Finally, just a little plea, no more brochures on the day and recycle your lanyards. Hand them back to us when you leave. Just one tiny green step!

Best wishes,

**David S Sanders**

**Sheffield Teaching Hospitals NHS Foundation Trust**



## CPD accreditation is available (5 points)

## Register online

**All attendees should sign up online at [sheffieldgastro.nhs.uk](https://sheffieldgastro.nhs.uk)**

This is so we know you are coming and can cater for your dietary preferences.

Click on the link or scan the QR code to get to the registration page: there's more information about the meeting, how to get there, and who will be attending.

After the meeting you will also be able to log in and collect your CPD certificate.



# National Faculty

**Dr Ruhina Ahmed**

University Hospitals Coventry & Warwickshire

**Dr Karishma Arora**

Wythenshawe Hospital, Manchester

**Dr Sabina Beg**

East and North Herts Foundation Trust

**Dr Noor Bekkali**

John Radcliffe Hospital, Oxford

**Dr Julia Gauci**

Edinburgh Royal Infirmary

**Dr Flora Kokwaro**

St Marks, London

**Dr Adam Lawson**

Royal Derby Hospital

**Professor John Leeds**

Freeman Hospital, Newcastle upon Tyne

**Dr Dina Mansour**

Queen Elizabeth Hospital, Gateshead

**Dr Gail Masterton**

Edinburgh Royal Infirmary

**Professor Kofi Oppong**

Freeman Hospital, Newcastle upon Tyne

**Dr Jacobo Ortiz Fernandez-Sordo**

Nottingham University Hospitals NHS Trust and the University of Nottingham

**Dr Adolfo Parra Blanco**

Nottingham University Hospitals NHS Trust

**Dr Emma Saunbury**

Royal Devon and Exeter Hospital

**Dr Christian Selinger**

St James University Hospital, Leeds

**Professor Debbie Shawcross**

King's College London

**Dr Philip Smith**

Royal Liverpool Hospital

**Corrin Stock**

Lancashire Teaching Hospitals Trust

# Local Faculty

Based at Sheffield Teaching Hospitals

**Dr Mohammed Abdelrahim**

**Dr Sebastian Francis**

**Dr Melissa Hale**

**Dr John Hebden**

**Professor Andrew Hopper**

**Dr Ching Lam**

**Dr James Morgan**

**Dr Nicoletta Nandi**

**Dr Anupam Rej**

**Dr Claire Salmon**

**Professor David S Sanders**

**Dr David Tai**

**Dr Mo Thoufееq**

**Dr Gloria Tun**

**Thomas Welbank**

# The 18th Annual Sheffield Gastroenterology Symposium

A Symposium endorsed by the British Society of Gastroenterology

Friday 25th September 2026

8.30 - 9.30

## **THE BREAKFAST CLUB: Iron Deficiency Anaemia (meet the experts)**

Dr John Hebden, Dr Gail Masterton, Dr Seb Francis & Dr Anupam Rej  
Demystifying anaemia - is it iron deficiency or anaemia of chronic disease? A Haematological and GI perspective

9.30 - 9.55

Welcome, registration and coffee

**INTRODUCTION** Professor David S Sanders

## **SESSION 1: ENDOSCOPY - HOW I DO IT?**

**CHAIR:** Professor Andrew Hopper, Dr Sabina Beg, Corrin Stock

10.00 - 10.15

### **How to perform a good quality upper GI Endoscopy**

Dr Jacobo Ortiz Fernandez-Sordo

10.15 - 10.30

### **IBD dye spray and its controversies**

Dr Karishma Arora

10.30 - 10.45

### **Why I use an Overtube**

Dr Adolfo Parra-Blanco

10.45 - 11.00

### **EMR**

Dr Julia Gauci

11.00 - 11.30

## **COFFEE**

## **SESSION 2: HPB UPDATE**

**CHAIR:** Professor John Leeds, Dr James Morgan, Dr Ruhina Ahmed

11.30 - 11.45

### **HPB fellowships, Tips & Tricks**

Dr Noor Bekkali

11.45 - 12.00

### **Post-cholecystectomy abdominal pain**

Professor Kofi Oppong

## **THE BARDHAN STATE OF THE ART LECTURE**

12.00 - 12.30

### **Transplanting More Than Livers: Exploring the Therapeutic Potential of Faecal Microbiota Transplantation**

Professor Deborah Shawcross

**SESSION 3: NEW HORIZONS****CHAIR** Dr Ching Lam, Dr Mo Thoufeeq, Dr Melissa Hale

13.30 - 13.45

**Why do I need to publish?**

Dr Phil Smith

13.45 - 14.00

**Gut Instincts & Green Juices: From Hidden Conversations to Clinical Dialogue - Complementary and Alternative Medicine for the Gastroenterologist in the Age of AI and Nutri-Influencers**

Dr Flora Kokwaro

14.00 - 14.15

**Hot off the press!**

Dr Nicoletta Nandi

14.15 - 14.30

**ESD: new frontiers in technique and technology**

Dr Mohamed Abdelrahim

14.30 - 15.00

**COFFEE****SESSION 4: ON THE WARD****CHAIR** Dr Adam Lawson, Dr Gloria Tun, Dr Claire Salmon, Dr David Tai

15.00 - 15.15

**Palliative care for patients with advanced liver disease - who, when and how?**

Dr Emma Saunbury

15.15 - 15.30

**Percutaneous enteral tubes: A 'battle bag' for the mind**

Tom Welbank

15.30 - 15.45

**Acute variceal bleeding**

Dr Dina Mansour

15.45 - 16.00

**Treating acute severe colitis in 2026 - can we do better?**

Dr Christian Selinger

**SYMPROVE SATELLITE SYMPOSIUM**

16.00 - 16.30

**Chronic constipation: Emerging data in probiotics**

Professor Anthony Hobson

This meeting is sponsored by Symprove and is intended for UK healthcare professionals.

16.30

**Remarks and close of meeting**

# What's happening in Sheffield? Spotlight on...

On the BSG Front we have many of our team in newly elected BSG positions, Dr Mo Abdelrahim (endoscopy committee), Dr Alenka Brooks (IBD), Dr Ching Lam (neurogastroenterology & motility), Dr Mo Thoufeeq (Council) & Dr Mo Shiha (trainee councillor). Thank you for voting for us!



## Dr Imran Aziz receives another Award!

We are delighted to announce that Dr Imran Aziz, Senior Lecturer and Honorary Consultant Gastroenterologist, has been awarded the highly prestigious Nutrition Society Cuthbertson Award 2026. Dr Aziz delivered the Cuthbertson Medal Lecture at the Nutrition Society Winter Conference 2026 at the Royal Society in London, presenting his groundbreaking work on "Nutritional Therapies in Irritable Bowel Syndrome."

## Dates for your diary: Book your study leave now!

### European Capsule Endoscopy Course

17th - 18th September 2026

### The UGIB haemostasis courses for endoscopists

Wednesday 10th February 2027

### Upper GI bleeding haemostasis course for endoscopy nurses and assistants

Wednesday 9th December 2026

### Bardhan Fellowship Day: Meet the experts &

research prize based at Royal Hallamshire Hospital

12th March 2027

### WEO Live Endoscopy meeting based at Royal Hallamshire Hospital

23rd April 2027

### 19th Sheffield Gastroenterology Symposium

24th September 2027

## Join our group

Sheffield have been the recipients of **13 Clinical Service Awards** (12 national and 1 international) and **11 Clinical Research Awards** (7 National & 4 International) in the last 20 years. We're the only department in the UK to have won the BSG Hopkins Endoscopy prize three times, 2012, 2017 & 2019.

We are a **World Endoscopy Organisation Centre of Excellence** ([view on the WEO website](#)).

Please consider working in Sheffield. We have had fellows as a fantastic group in our department for 25 years. There is something for everyone! Our areas of interest are diverse, covering all aspects of luminal gastroenterology and endoscopy. Tell us what you want to do and we will accommodate

you. You don't need to do research, you may just want an out-of-programme experience, clinical experience or a Post CCT fellowship.

We have had fellows from across the UK and have strong links with Italy, Ireland, Spain, Sri Lanka, Malta & Greece. The crucial thing for us is that you enjoy your experience.

If you are looking for a Consultant post, that is also something we can accommodate.

**Why not email me as a starting point to explore your options?** [David.sanders1@nhs.net](mailto:David.sanders1@nhs.net)

# The Bardhan Lecture

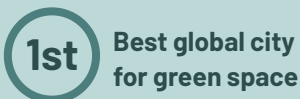
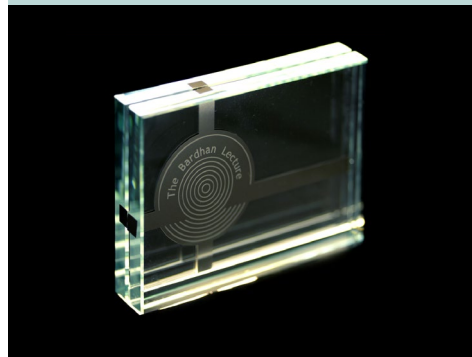
**Professor Debbie Shawcross** is a Clinician Scientist and Professor of Hepatology and Chronic Liver Failure at the Roger Williams Institute of Liver Studies, King's College London. She works as a Consultant Hepatologist on the King's College Hospital Liver Unit with a specialist interest in hepatic encephalopathy and the complications of cirrhosis.

Debbie Shawcross is an internationally recognised liver specialist and passionate advocate for tackling the growing burden of chronic liver disease. Frequently featured on TV, radio, and in print, she speaks out on the dangers of excessive alcohol use and the urgent need for prevention.

She was elected to the European Association for the Study of the Liver (EASL) Scientific Committee and Governing Board in October 2022 and is currently serving as its first female Secretary General.

As an advocate for high quality education and training in gastroenterology and hepatology she served as a Health Education England London Gastroenterology Training Programme Director for 10 years serving on the British Society Gastroenterology (BSG) Specialist Advisory Committee and Training Committee, BSG Mentor and an active member of the BSG Supporting Women in Gastroenterology. She is Chair of the BSG Research Committee and sits on the BSG Executive Committee and Council, Clinical Advisor for the British Liver Trust and a Trustee for GUTS UK Charity.

Her research programme characterises the immunobiology of chronic liver failure focusing specifically on the gut-liver-brain axis in the context of the gut microbiome as a driver of immune dysfunction, inflammation and encephalopathy. She is leading the field in clinical trials of faecal microbiota transplantation (FMT) in Europe and is Chief Investigator of the NIHR-funded EME UK multicentre randomised placebo-controlled clinical trial of FMT (capsules) [PROMISE Trial] in patients with metabolic dysfunction-associated and alcohol-related cirrhosis.



There is 61% green space in Sheffield, more than any other city in the world.

\*From an independent survey by NatWest and the University of Southampton.

# Registration is free

To register your place, please go to [sheffieldgastro.nhs.uk](http://sheffieldgastro.nhs.uk) by **11th September**, sign up for the site if you haven't already, then register for the symposium.



The above sponsors have supported this meeting through a payment to advertise on our live stream page and exhibit a stand. They have had no involvement in any other aspect of the meeting unless specified.