

CCT IN GASTROENTEROLOGY FINAL-YEAR CHECKLIST & HOW-TO

For a final-year (ST7) gastroenterology registrar who has completed PYA. Please note this process may take 4-8 weeks to complete. Entry to the specialist register is mandatory prior to taking up a substantive consultant post. This document was created by Dr Shiva Radhakrishnan with the support of the Advisory Group.

Steps to your CCT & entry to the GMC Specialist Register

1. Close off PYA actions

- Ensure every mandatory PYA/PYR target is listed individually on your final ARCP form and marked achieved.
- Check your CCT date is correct on the ARCP.

2. Complete and evidence all curriculum requirements

- Gastro & (if applicable) IM CiPs at Level 4; required WBAs; ESEGH passed; ALS valid; JAG/JETS certification uploaded; QIP/Audit, MSF, patient survey, clinics & take numbers evidenced.

Curate a 'Completion' folder in ePortfolio within your personal library containing the following:

- Up-to-date CV (to CCT date).
- Certificates/letters: ESEGH pass, ALS, JAG/JETS, any other specialty-specific certificates.
- Evidence of completion of PYA targets document (word file with PYA targets and location as to where these are evidenced):
 - o Endoscopy DOPS as required (even if you are a trainer).
 - o Completion date calculator.
 - o You will need to register and obtain your enhanced form R via [TIS self-service](#).

3. Final ARCP → Outcome 6 (Gastro ± IM)

- Nominate two consultants (if applicable) to review your ePortfolio and PYA targets. They need to be given access to your e-portfolio. They should email your TPDs and Gastro HEE (gastro.lase@hee.nhs.uk) to confirm they have reviewed your portfolio, and you have achieved all PYA targets.
- Ensure the ARCP form(s) are electronically signed by you and the panel chair/TPDs and that all targets are documented as achieved.

4. Notify JRCPTB that you've completed

- Email specialistregistration@jrcptb.org.uk once your Outcome 6(s) are on ePortfolio and your Completion folder is ready. JRCPTB reviews, then the SAC approves and JRCPTB recommends you to the GMC. Another useful email is: specialistregistration@thefederation.uk.

5. Apply to join the Specialist Register (CCT route)

- Log in to GMC Online and submit your CCT application (you must hold full registration with a licence). This will be via your GMC online page, under “my applications.
- Pay the GMC fee and respond to any GMC queries.
- The GMC updates your entry on the Specialist Register under Gastroenterology & Hepatology (and GIM if dual-accredited) using your CCT date.
 - o Of note, you must apply and pay to join the specialist Register within 12 months.

Quick self-check of targets (Gastro/GIM)

- ESEGH passed and certificate uploaded.
- JAG/JETS certification(s) uploaded (OGD, colonoscopy if luminal, GI bleed if appropriate).
- Gastro WBAs done (ST7: MCR 4-6; MSF 1; ACAT 2; CBD/mini-CEX 6; DOPS 2; endoscopy DOPS ≥10 per procedure).
- IM final-year WBAs/numbers done (if dual accrediting): MCR 3; MSF 1; ACAT 4; CBD/mini-CEX 3; patient survey; clinics ≥20 total; acute take ~750 (≥100 final year).
- All specialty & IM CiPs at Level 4.
- ALS valid on CCT date.
- PYA targets explicitly listed as achieved on ARCP.
- Outcome 6(s) signed; JRCPTB notified; GMC CCT application submitted.

Note: Numbers are *indicative minimums*. ARCP panels judge progress holistically; supervisors may request additional evidence where appropriate.

Aim: By the CCT date you should have Outcome 6, Level-4 CiPs, ESEGH passed, JAG certification as required, and your GMC application submitted - so you appear on the Specialist register

Source material and useful links

- <https://www.thefederation.uk/sites/default/files/Gastroenterology%2520ARCP%25202022%2520Decision%2520Aid.pdf>
- <https://www.gmc-uk.org/-/media/documents/gastroenterology-curriculum-2022--amended-2024-pdf-107933812.pdf>
- <https://www.thefederation.uk/sites/default/files/IMS2%2520ARCP%2520Decision%2520Aid%25202022%2520150921.pdf>
- <https://www.thefederation.uk/training/training-certification/completing-training>
- <https://www.gmc-uk.org/registration-and-licensing/join-our-registers/applying-for-specialist-or-gp-registration>

Glossary of abbreviations

ACAT – Acute Care Assessment Tool

A workplace-based assessment (WBA) used to evaluate a trainee's ability to manage the acute medical take.

ALS – Advanced Life Support

Mandatory resuscitation training and certification for trainees.

ARCP – Annual Review of Competence Progression

Formal yearly review panel assessing progression and readiness for CCT.

CBD – Case-Based Discussion

A workplace-based assessment used to evaluate clinical reasoning and decision-making through case reflection.

CiPs – Capabilities in Practice

Competence-based outcomes that trainees must achieve by the end of training (both Gastroenterology-specific and IM/GIM).

CCT – Certificate of Completion of Training

Awarded by the GMC when specialty training is completed, allowing entry onto the Specialist Register.

DOPS – Direct Observation of Procedural Skills

A workplace-based assessment for procedural competence (including endoscopy).

ESEGH – European Specialty Examination in Gastroenterology and Hepatology

Knowledge-based exam required for gastroenterology CCT in the UK.

GIM / IM – General (Internal) Medicine

The “dual accreditation” specialty often combined with gastroenterology training.

GMC – General Medical Council

UK regulatory body for doctors; maintains the Specialist Register.

HEE – Health Education England

National organisation overseeing postgraduate medical training (now part of NHS England).

JAG – Joint Advisory Group on Gastrointestinal Endoscopy

Sets standards for endoscopy training and certification.

JETS – JAG Endoscopy Training System

The ePortfolio platform for recording endoscopy training and certification.

JRCPTB – Joint Royal Colleges of Physicians Training Board

Body responsible for managing physician training programmes and recommending doctors for CCT to the GMC.

MCR – Multiple Consultant Report

A workplace-based assessment providing structured feedback from multiple consultants on trainee performance.

mini-CEX – Mini Clinical Evaluation Exercise

A short workplace-based assessment evaluating clinical skills in a focused encounter.

MSF – Multi-Source Feedback

A workplace-based assessment collecting feedback from a range of colleagues about a trainee's performance.

Outcome 6 – ARCP Outcome 6

Indicates successful completion of training and readiness for CCT.

PYA / PYR – Penultimate Year Assessment / Review

Formal assessment in the second-to-last year of training to ensure targets are set for CCT readiness.

QIP – Quality Improvement Project

A required training activity demonstrating skills in service improvement.

SAC – Specialist Advisory Committee

Group within JRCPTB that oversees specialty training and approves CCT recommendations.

ST7 – Specialty Training Year 7

Final year of higher specialty training in gastroenterology.

TPD – Training Programme Director

Consultant responsible for managing postgraduate medical training within a deanery or region.

WBA – Workplace-Based Assessment

Collective term for tools such as ACAT, CBD, DOPS, MSF, MCR, mini-CEX, etc.